



CATHOLIC
CHARITIES
of St. Paul and Minneapolis

On Our Lenten Journey

2ND SUNDAY OF LENT

C CYCLE

WHAT YOU WILL NEED

Bible, Candle, and Clay, Play Dough, or Silly Putty

TIMING FOR THE REFLECTION

Timing listed is for one hour. Expand or shorten via the Initial Reflection or Post Video Reflection.

Prayer:	2 minutes
Commitment:	1 minutes
Gospel Reading:	2 minutes
Reflection:	15 minutes
Video:	10 minutes
Post Video Reflection	23 minutes
Closing Prayer	2 minutes

OPENING PRAYER

Quiet the group, light the candle, and after a moment of silence, pass the clay, play dough or silly putty around the room, while the Leader slowly and deliberately recites the following....

**We come together in Your name, Lord. We ask You to be with us
as we open our hearts and minds to hear Your Word.**

**As we learn, share, and pray with, and for, each other,
guide us and teach us Your compassion.**

Leader: Change my heart, O God.

All: Change my heart, O God.

Leader: We are the clay, You are the potter;

All: We are the clay, You are the potter;

Leader: We are all the work of Your hands.

All: We are the work of Your hands

Leader: Change my heart, O God.

All: Change my heart, O God.

COMMITMENT

Remember back to our group commitment we made at our first meeting together. Let all agree to renew that commitment to respect each other and grow with one another.

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GOSPEL READING

Luke 9: 28-36 *The New American Bible*

About eight days after he said this, he took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white. And, behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem. Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him. As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying.

While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone. They fell silent and did not at that time tell anyone what they had seen.

REFLECTION

Leader : *Transfigured. Metamorphosis. Change. Changing the outside to match the inside. Showing us the divinity in Jesus. Made in the image and likeness of God. As we gather to reflect and pray, let us focus on the transfiguration. Jesus's. Ours. Others.* (Pause between questions.)

What words do you hear in this gospel reading that strike you? Why?

What images do you see?

Think about a time in your own life when you went through a significant change or witnessed a significant change in someone close to you, and, as much as you're comfortable, share the answers to these questions with the group.

Reflecting back, what caused or created the situation that you needed to change in the first place?

What motivated this change?

What was difficult about your change?

Who supported you in your change?

How did people react to your "transfiguration"? (Did anyone react like Peter? Saying something kind of "strange"?)

How did your change impact you or others in your life?

VIDEO

Ensure all have the ability to see and hear the video highlighting the struggle of young fathers through Catholic Charities' Dad's Connection program. This video is short and we suggest viewing it twice.

REFLECTION AFTER THE VIDEO

- What struck you as you listened to these young fathers?
- What inspired you? What made you uncomfortable?
- What are some of their barriers to change? What are some of their supports?
- How are you like these dads? How are you different?
- What do you see as the underlying issues?
- What other solutions do you see besides the Dads Connection program?

CLOSING PRAYER

Pass the clay, play dough or silly putty around the room again.

Reader 1:

**We give you thanks, Spirit of wisdom,
for you speak to us in ways that often surprise us.
You uncover truths that we had kept hidden from ourselves
and support us in tasks we fear to undertake alone.**

Reader 2:

**We give thanks for your invitations
to growth and intimacy and fullness of life,
and for the comfort you extend in our often uphill struggle to be faithful.
Inspire us. Encourage us.
Fill us with enthusiasm for the mission of your Church.**

Leader: Change my heart, O God.

All: Change my heart, O God.

Leader: We are the clay, You are the potter;

All: We are the clay, You are the potter;

Leader: We are all the work of Your hands.

All: We are the work of Your hands

All: Amen

*Adapted from More than Words: Prayers and Rituals for Inclusive Communities
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